

IMMUNO ARMOUR ADULT CAPSULES

PATIENT INFORMATION LEAFLET

Complementary medicine: Health Supplement.

SCHEDULING STATUS: S0

PROPRIETY NAME AND DOSAGE FORM:

Immuno Armour Adult Capsules (capsules).

Read all of this leaflet carefully because it contains important information for you.

Immuno Armour Adult Capsules are available without a doctor's prescription. Nevertheless, you still need to use Immuno Armour Adult Capsules carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Immuno Armour Adult Capsules with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve.

1. WHAT IMMUNO ARMOUR ADULT CAPSULES CONTAINS:

Each Capsule contains:

Saccharomyces cerevisiae	500 mg
Selenium Elemental	10mcg
Zinc Elemental	10mg
Vit D3	500iu
Bacillus subtilis	2 billion CFU

Inactive ingredients: Magnesium stearate, microcrystalline cellulose.

Sugar free.

2. WHAT IMMUNO ARMOUR ADULT CAPSULES ARE USED FOR:

Immuno Armour Adult Capsules are a natural immune strengthening nutritional supplement.

3. BEFORE YOU TAKE/ USE/ ARE GIVEN/ ADMINISTERED IMMUNO ARMOUR ADULT CAPSULES:

Do NOT take/use Immuno Armour Adult Capsules:

- If you are known to be hypersensitive (allergic) to (active ingredient) or any of the inactive ingredients.
- If you are pregnant or breastfeeding your (see "Pregnancy and breastfeeding").

Take special care with Immuno Armour Adult Capsules:

Immuno Armour Adult Capsules does not intend to prevent or cure any form of illness or disease and should not replace any medication. If you suffer from a chronic medical condition, consult your healthcare practitioner before using this product. Do not exceed the recommended dose.

Pregnancy and breastfeeding:

Do not use Immuno Armour Adult Capsules during pregnancy or while you are breastfeeding your baby.

If you are pregnant or breastfeeding your baby, please consult your healthcare provider for advice before taking this medicine.

Important information about some of the ingredients of Immuno Armour Adult Capsules:

All inactive ingredients added on the formulation of Immuno Armour Adult Capsules are known to be well tolerated.

Taking/ Giving/ Using other medicines with Immuno Armour Adult Capsules:

Always tell your healthcare professional if you are taking other medicines. (This includes complementary or traditional medicine). The use of Immuno Armour Adult Capsules with these medicines may cause undesirable interactions. Please consult your doctor, pharmacist or other healthcare professional for advice

4. HOW TO TAKE/ USE IMMUNO ARMOUR ADULT CAPSULES:

The usual dose is:

Take one Immuno Armour Adult Capsule once daily after breakfast. Take the capsule with sufficient quantity of liquid (e.g. one glass of water).

Always take Immuno Armour Adult Capsules exactly as per recommendation of the Package Insert or by your health care provider and if you are unsure. If the symptoms worsen or persist, please consult your healthcare practitioner.

If you take/ use/ more Immuno Armour Adult Capsules than you should:

Do not use more than recommended dose. (See Package Insert).

In the event of over dosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control center.

If you forget to take /miss a dose of Immuno Armour Adult Capsules:

Always take Immuno Armour Adult Capsules as prescribed. If you miss a dose, take it as soon as you remember. If you do not remember the missed dose until the next dose is due, skip the missed dose and go back to your regular dosing schedule (see "HOW TO TAKE Immuno Armour Adult Capsules"). Do not take a double dose to make up for forgotten individual doses.

5. POSSIBLE SIDE EFFECTS:

There has not been a case of any side effects reported when taking Immuno Armour Adult Capsules.

Immuno Armour Adult Capsules can have side effects.

Not all side effects reported for Immuno Armour Adult Capsules are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking Immuno Armour Adult Capsules, please consult your healthcare provider for advice. Please report/ inform your doctor or pharmacist if you notice any side effects not mentioned in this leaflet.

6. STORAGE AND DISPOSING OF IMMUNO ARMOUR ADULT CAPSULES:

Store all medicines out of reach of children.

Store in a cool, dry place below or at 25 °C.

Keep the container in the original packaging and in an outer carton.

Protect from light.

Do not store in a bathroom.

Do not use after expiry date stated on the label/carton and on the bottle.

Do not use Immuno Armour Adult Capsules if you notice any visible signs of deterioration.

Return all unused medicine to your pharmacist/supplier.

Do not dispose of unused medicines in drains or sewage systems (e.g. toilets).

7. PRESENTATION OF IMMUNO ARMOUR ADULT CAPSULES:

Immuno Armour is packed in 30's & 60's, in a white plastic bottle with a white cap in an outer carton.

8. IDENTIFICATION OF IMMUNO ARMOUR ADULT CAPSULES:

Brownish powder packed in a size 0 off-white gelatin capsule.

9. REGISTRATION NUMBER:

Will be allocated by Council upon registration.

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

10. NAME AND ADDRESS OF REGISTRATION HOLDER:

MyHealth365 (Pty) Ltd, Suite 177, Private Bag X7, Northriding, 2162

11. DATE OF PUBLICATION

June 2026, Version: 5

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PASIËNTINLIGTINGSBLAADJIE

Komplimentêre medisyne: Gesondheidsaanvulling.

BYLAE STATUS: 50

EIENDOMSNAAM (EN DOSISVORM):

Immuno Armour Adult Capsules (kapsules).

Lees die hele blaadjie sorgvuldig deur, want dit bevat belangrike inligting vir u.

Immuno Armour Adult Capsules is beskikbaar sonder die voorskrif van 'n dokter. U moet egter steeds Immuno Armour Capsules versigtig gebruik om die beste resultate daarmee te verkry.

- Hou hierdie pamflet. Jy sal dit dalk weer moet lees.
- Moenie Immuno Armour Adult Capsules met enige ander persoon deel nie.
- Vra jou apteker as jy meer inligting of advies benodig.
- U moet 'n dokter raadpleeg indien u simptome vererger of nie verbeter nie.

1. WAT IMMUNO ARMOUR ADULT CAPSULES BEVAT:

Elke kapsule bevat:

Saccharomyces cerevisiae	500 mg
Selenium Elemental	10mcg
Zinc Elemental	10mg
Vit D3	500iu
Bacillus subtilis	2 billion CFU

Onaktiewe bestanddele: Magnesiumstearaat, mikrokristallyne sellulose.

Suikervry.

2. WAARVOOR IMMUNO ARMOUR ADULT CAPSULES GEBRUIK WORD:

Immuno Armour Adult Capsules is 'n natuurlike immuun ondersteunende voedingsaanvulling.

3. VOORDAT U IMMUNO ARMOUR ADULT CAPSULES NEEM:

Moenie Immuno Armour Adult Capsules gebruik as:

- jy bewus is daarvan dat jy hipersensitief (allergies) is vir (aktiewe bestanddele) of enige van die bestanddele.
- jy swanger is of u baba borsvoed (sien "Swangerskap en borsvoeding").

Die neem van Immuno Armour Adult Capsules met kos en drinkgoed:

Immuno Armour Adult Capsules moet nie saam met melk, sap of enige ander gasoel drankie geneem word nie.

Swangerskap en borsvoeding:

Moenie Immuno Armour Adult Capsules neem terwyl u swanger is of u baba borsvoed nie.

Indien u swanger is of u baba borsvoed, raadpleeg asseblief u gesondheidsorgverskaffer vir advies voordat hierdie medisyne neem.

Belangrike inligting oor sommige van die bestanddele van Immuno Armour Adult Capsules:

Al die onaktiewe bestanddele wat op die formulering van Immuno Armour Adult Capsules gevoeg word, word goed verdra.

Die neem van ander medisyne saam met Immuno Armour Adult Capsules:

Lig altyd u gesondheidpraktisyn in wanneer u medisyne neem. (Dit sluit in komplementêre of tradisionele medisyne). Die gebruik van Immuno Armour Adult Capsules saam met hierdie medisyne mag ongewenste wisselwerkings veroorsaak. Raadpleeg asseblief u dokter, apteker of ander professionele gesondheidsorgwerker vir advies.

4. HOE OM IMMUNO ARMOUR ADULT CAPSULES TE GEBRUIK

Die gewone dosis is:

Neem een Immuno Armour Adult Capsule, daagliks na ontbyt.

Neem die kapsules met voldoende hoeveelheid vloeistof (bv. een glas water) Neem Immuno Armour Adult Capsules altyd volgens aanbevelings van die pakketinvoer of deur u gesondheidsorgverskaffer en indien u onseker is. As die simptome vererger of voortduur, raadpleeg 'n gesondheidsorgpraktisyn.

As u meer Immuno Armour Adult Capsules gebruik as wat u behoort:

Moenie meer as aanbevole dosis gebruik nie. (Sien pakketinvoegsel) In die geval van 'n oordosis, raadpleeg u dokter of apteker. As geneene van hulle beskikbaar is nie, kontak onmiddellik die naaste hospitaal of gifbeheersentrum.

As jy vergeet om 'n dosis Immuno Armour Adult Capsules te neem:

Neem Immuno Armour Adult Capsules altyd soos voorgeskryf. Indien u 'n dosis vergeet het, neem dit sou gou as wat u onthou. Indien u egter nie van die vergeete dosis onthou voordat dit tyd is vir die volgende dosis is nie, slaan die vergeete dosis oor en keer terug na u gewone doseringskedule (sien "HOE OM IMMUNO ARMOUR ADULT CAPSULES TE GEBRUIK"). Moenie 'n dubbele dosis neem om te vergoed vir die oorgeslane individuele dosis nie.

5. MOONTLIKE NEWE EFFEKTE

Daar was nie gevalle van enige nuwe-effekte gerapporteer wanneer Immuno Armour Adult Capsules geneem word nie.

Immuno Armour Adult Capsules kan nuwe-effekte hê.

Nie alle nuwe-effekte wat vir Immuno Armour Adult Capsules gemeld is, is in hierdie inligtingstuk vervat nie. Indien u algemene gesondheid agteruitgaan of u ongewenste wisselwerkings ervaar terwyl u Immuno Armour Adult Capsules gebruik, raadpleeg asseblief u gesondheidsorgvoorsiener vir advies. Lig asseblief u dokter of apteker in indien u enige nuwe-effekte opmerk wat nie in hierdie inligtingstuk genoem word nie.

6. BERGING EN WEGDOEN VAN IMMUNO ARMOUR ADULT CAPSULES:

Bewaar alle medisyne buite bereik van kinders.

Berg in 'n koel, droë plek onder of by 25 ° C.

Hou die houër in die oorspronklike verpakking en in 'n buiteste karton. Beskerm teen lig. Moenie in 'n badkamer stoor nie.

Moet nie gebruik word na die vervaldatum wat op die etiket / karton en op die bottel aangedui word nie.

Moenie Immuno Armour Adult Capsules gebruik as u enige sigbare tekens van agteruitgang sien nie.

Stuur alle ongebruikte medisyne na u apteker / verskaffer terug.

Moet nie ongebruikte medisyne in riool- of rioolstelsels gooi nie (byvoorbeeld toilette).

7. AANBIEDING VAN IMMUNO ARMOUR ADULT CAPSULES:

Immuno Armour Adult Capsules is verpak in 30's en 60's, in 'n wit plastiekbottel met 'n wit dop en in 'n buiteste karton.

8. IDENTIFIKASIE VAN IMMUNO ARMOUR ADULT CAPSULES:

Bruin poeier verpak in geel-wit grootte 0 gelatien kapsule.

9. REGISTRASIENOMMER:

Sal deur die Raad toegeken word by registrasie.

Hierdie ongeregistreerde medisyne is nie deur die SAHPRA geëvalueer ten opsigte van kwaliteit, veiligheid of beoogde gebruik nie.

10. NAAM EN ADRES VAN DIE HOUEER VAN DIE REGISTRASIE:

MyHealth365 (Pty) Ltd, Suite 177, Private Bag X7, Northriding, 2162

11. DATUM VAN PUBLIKASIE:

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